



# Bereaved Families of Ontario Midwestern Region

July/August/September 2009

## Bereaved Families of Ontario Midwestern Region

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## Zehrs Tapes

Bereaved Families of Ontario would like to thank all of our supporters who have participated in the Zehrs Save a Tape program. Unfortunately, due to amendments to this program BFO no longer qualifies for funds. If you would like to find out about other ways to support BFO see page 4 of this newsletter.

## FALL SUPPORT GROUPS - Limited space available

### Parents Grieving the Death of a Baby

*Wednesdays, September 30th to November 18th, 2009*

For parents who have experienced the loss of a child during pregnancy, as an infant, or a child up to and including the age of two.

### Parents Grieving the Death of a Child

*Thursdays, October 1st to November 19th, 2009*

For parents who have lost a child from ages three to adult

### Healing Little Hearts

*October 2009*

Closed group for pre-schoolers and their caregivers. Play-based support group for children between 3 and 6 years of age who are impacted by a death of a loved one. Side by side and optional parent/caregiver education group is offered concerning children's grief and how to support them.

### Growing Through Grief

*Mondays, October 19th to November 16th, 2009*

Open education group for adults grieving the loss of a loved one. Topics include: Grief is never simple; Defining your grief; Self-empowerment; Coping with relationships; Coping with special days; Holding on and letting go.

### LEGACY (Learning to Embrace Grief and Care for the Young)

*Tuesdays, September 22nd to November 24th, 2009*

Closed group for widows or widowers raising dependant children at home.

### Subsequent Pregnancy after a Loss

*Second Monday of the month September to December*

For women who are pregnant following the loss of a baby or child. Please note that this group meets in person, by telephone and by email and that this is an ongoing group that only runs when there are enough people to sustain a group. Bereaved Families of Ontario does its best to ensure that all expectant moms are supported during their subsequent pregnancy.

**These groups are typically held at the: BFO Office  
2nd Floor, Pioneer Terrace -Freeport Health Centre  
3570 King Street East, Kitchener, Ontario**

**There is no fee to participate. For more information or to register, contact BFO at 519-894-8344 or support@bfomidwest.org**

## Happy News!

### Shannon Hutton and Phil Desmond

are overjoyed to announce the birth of their third son, Owen Elliot Douglas Desmond on May 29th, 2009. Maxwell is a proud big brother, and his late brother Oliver watches over him from heaven.

### Tara and Derek Bruder

are excited to announce the safe arrival of Reese Kimberley born on June 24th weighing 5lbs 11oz. Reese is welcomed by big brother Caleb and watched over by Colton from above.

## Generations of Grief Conference Update - April 29th, 2009

"The storytelling, as well as, the expertise in grief and bereavement made for a riveting and educating day"

"Very well organized, speakers, tables, appropriate and economically sound, good food, snacks and excellent pacing and comfortable environment"

Thanks to the conference committee our 2009 Generations of Grief conference was a huge success!

With a combination of personal stories of loss and theoretical knowledge, our speakers provided insight into the challenges faced by the different generations after the loss of a young spouse.

Abigail Carter shared excerpts from her book "The Alchemy of Loss; A Young Widow's Transformation" that allowed the audience a personal look into her struggles through grief and the difficulties faced by her children after losing their Dad.

Dr. Debora Bennett made us aware of the complexities faced by the Grandparents as they find themselves in the position of both griever and supporter.

"It's very hard to even find any time to grieve for yourself because you're so busy trying to keep everybody else going."

Ceilidh Eaton Russell provided participants with tangible awareness into the bereaved child and how they might think or feel after the death of a loved one.

"A child can live through ANYTHING, so long as he or she is told the truth and is allowed to share with loved ones the natural feelings people have when they are suffering" ( LeShan , 1976)

Dr Susan Cadell introduced the term "Post Traumatic Growth". After the death of a loved one, over time, there is the opportunity of growth in 5 areas from this tragic event.

Personal Strength

Relationship to Others

New Possibilities

Spiritual Change

Appreciation of Life

Carol Poduch, through her story telling shared her personal growth after the loss of her daughter.

Thanks to the committee members Laura Deyell, Margarete Bluhm, Susanne Hemming and Marny Williams-Balodis and all the other volunteers who helped make this day a success!

Marny Williams Balodis

## GOLFING IN REMEMBRANCE

The BFO Golf Tournament which was held at the New Dundee Golf Course was very special and very bitter/sweet for us.

Our son, Ryan played golf there with his friends Derek Fidler and Dave Jeske on June 15th, 1993. Later that afternoon Ryan and Derek were killed in a car crash on the expressway.

This year 8 friends played golf in memory of Ryan and Derek. It was wonderful to see these young men who hold our son in their hearts but it was very difficult to see them and not have Ryan.

We would like to acknowledge these young men as we know that it was very hard for them to come to golf. However, we know that their friendship is very strong over the years because of the loss in their lives of Ryan and Derek.

Jonathan Weatherdon, who was Ryan's best friend, and whose family has been wonderful friends to us, organized the golfers and they are: Jonathan Weatherdon, Brock Cober, Jamie Randall, Oliver Bukvic, Dave Jeske, Rob Huber, Kieran Roy, Mark Wildi.

We know from talking to them afterwards that it was a positive experience for each one and we thank them for staying a part of our lives

Wayne and Bev Short

## RECOGNIZING OUR SUPPORTERS

### Funeral Homes

Erb and Good Family Funeral Home,  
Schreiter-Sandrock Funeral Home, Ratz-Bechtel  
Funeral Home, Westmount Funeral Home,  
Henry Walser Funeral Home

### Corporate Donations

Waterloo Region Record,  
Car Heaven,  
City of Kitchener Cemeteries,  
Cober Printing, Stride Print,  
Canadian Tire Waterloo West,  
City of Waterloo Cemeteries

## 12th Annual Walk to Remember Recap

The 12th Annual Walk to Remember was a great success raising over \$14,000 gross to benefit our programs and services. Over 180 participants walked this year. The children's entertainment included Erick Traplin, crafts, puzzles, and memory boxes that were decorated.

The Honourable Peter Braid, Honourable Elizabeth Witmer, and Honourable Stephen Woodworth presented prizes to the top pledge earners. The first place pledge winner was "Team Kelly" in memory of Kelly Weatherall, 2nd place went to



Jamie Bickerton and family in memory of David Clark and third place went to Victor and Amy Dattera in memory of Brooke Dattera.

The Walk to Remember is a special event that honours loved ones of all ages and walks of life. It is an event that captures the essence of BFO, a community of the bereaved helping others along their grief journey. The Walk itself symbolizes this path of healing. At first the journey seems long and daunting, and the destination of hope appears very far in the distance. But step by step, and over time, we can begin to recognize the significance of living and loving is not about arriving at the end, it is about the journey itself. Fundraisers such as the walk allow us to provide programming for BFO.

We would like to thank the walk committee Lynne Christensen, Pat Keller and Elizabeth Hirn-Crane for all of their help!

We would also like to thank our major sponsors, Cober printing, / The Record, / Jana Cundari from Mortgage Intelligence/ Alexanian Carpet / Norampac / Conestoga Roofing / Hauser Furniture / Olympia Resurface Corp / Jim & Karen Brophay / Toyota, TMMC / Airways Transit / Dr. Kumie Pather Dentistry / Parkview Cemetery / Silvercreek Photography / City of Waterloo/ Henry Walser Funeral Homes/ Erick Traplin/CTV-Dave MacDonald.



## 11th Annual Charity Golf Classic

On Saturday June 6th at New Dundee Golf and Country Club, BFO - Midwestern Region held its 11th Annual Charity Golf Classic. The weather was fabulous and a great time was had by all 112 golfers. A very appreciative thank you goes out to all of our sponsors especially Gary Stockie Motors, Canadian Tire - Waterloo West, Burley And Griffin, Central Ontario Funeral Directors Assoc., and Golf North.

All participants were supplied a complimentary prize along with many opportunities to win others on the course and with silent auction bids. The following people were the winners and also received individual prizes for their efforts;



**Best female team:** Joan Snyder, Lisa Narayansingh, Rosemary LaRue and Judy Fourney.

**Best Male team:** Eddie Lapsley, Alfie Hamilton, Earl Sheperd and Tim Allsopp.

**Best mixed team:** Barb Privatt, Leigh Privatt, Geoff Castle and Suanne Castle.

**Closest to the Pin winner:** Mike Till who won a champagne hot air balloon ride for 2.

**Longest Drive -Women:** Lisa Narayansingh who won 2 Platinum Golf North 18-hole passes with cart.

**Longest Drive - Men:** Mike Wheeler who also won 2 Platinum Golf North 18-hole passes with cart.

We look forward to seeing you at next year's event on June 5th, 2010 at the New Dundee Golf and Country Club.

Thanks to everyone that played, helped out and sponsored. It could not have happened without your help. Anyone interested in getting involved can contact myself or Rose Greensides at the BFO Office.

Ron Helps, Golf Committee Chair

## How You Can Help

There are many ways in which you can make a difference and invest in the bereavement programs and services offered by Bereaved Families of Ontario-Midwestern Region. We encourage people to give in the way that suits them best.

### 1) With an immediate donation:

Donations are processed through a secure site at [www.canadahelps.org](http://www.canadahelps.org) or you can mail a cheque to: Bereaved Families of Ontario - Midwestern Region, PO Box 25017 Kitchener, Ontario N2A 4A5

### 2) As a Volunteer:

Have an area of expertise you want to share? Want to provide office support? Interested in joining a committee? Have a few hours a week or month to spare?

### 3) Make a planned gift:

Want to make a memorial donation? Want to join our monthly giving program or make a will bequest?

### 4) Corporate Sponsorship:

Want to sponsor an event or program? Interested in making a major gift, bequest or endowment?

Please Contact:  
Rose Greensides  
Executive Director  
By phone: (519) 894-8344  
[rose@bfomidwest.org](mailto:rose@bfomidwest.org)

## Name a Star in Memory of Your Loved One

Founded 25 years ago, the International Star Registry has named over one million stars in honour of special people worldwide through its offices spanning 5 continents.

Professional astronomers usually continue to use telescopic coordinates for stars, such as those included on your certificate. Please note that the naming of a star is a symbolic rather than a scientific gesture.

The Canadian International Star Registry will donate 25% of all sales directing from BFO to benefit our programs and services.

To find out more information on how to order a star as a gift or for yourself in memory of those you have loved and lost please call the office at 519-894-8344.

## 2nd Annual Butterfly Memorial Release

Our memorial butterfly release is a beautiful event that helps to express our sorrow for the loss of our loved one and honour their memory.

According to Indian legend, if anyone desires a wish to come true they must first capture a butterfly and whisper that wish to it. Since a butterfly can make no sound, the butterfly cannot reveal the wish to anyone but the Great Spirit who hears and sees all. In gratitude for giving the beautiful butterfly its freedom, the Great Spirit always grants the wish. So, according to legend, by making a wish and giving the butterfly its freedom, the wish will be taken to the heavens and be granted.



The butterflies for this year's event have been provided by Greenway Blooming Centre. These butterflies have been tagged by "Monarch Watch", an educational outreach program based at the University of Kansas. "Monarch Watch" engages citizen scientists in large scale research projects. This program produces real data related to a serious conservation issue. In the North (Canada and the United States), monarchs face direct habitat destruction caused by new roads, housing developments, and agricultural expansion.

Through our participation in this program, BFO hopes to educate the community about conserving the natural habitats that are critical to the survival of the monarch butterfly and its magnificent migrations.

For more information please visit our website. Or to purchase a butterfly for \$35/each, please fill out a registration form. **Butterflies are limited.**

### Memorials

Dena Moitoso  
in memory of  
***Melanie Moitoso***

Tim and Nora Martin  
in memory of  
***Brian Higgins***  
***1983-2009***

To add, update or advise us of an error in a memorial, call (519) 894-8344 or email [newsletter@bfomidwest.org](mailto:newsletter@bfomidwest.org)

## Loved Ones Remembered July, August & September

**Marc Welham**

July 1, 2001

Remembered by Family and Friends

**Joseph Kaminski**

July 2, 1980

Remembered by his parents Sigmund & Huberte & brother of Jim, John, Frank, Robert & Maria in heaven

**Terry Brenner**

July 2, 2000

Remembered by his parents Linda & Jerry & Krista

**Andrea Spalding**

July 3, 1992

Remembered by her mom Mary

**Wing Wong**

July 3, 2006

Remembered by Susan and children Lexi, Tigger and Sara

**Jaxson Adam**

July 4, 2007

Remembered by parents Keri and Mark and big brother Hunter

**Brianna Baillie**

July 5, 2001

Remembered by her parents Brad & Lisa, sister Tory & brother Hunter in heaven

**Tessa Wheeler**

July 5, 2001

Remembered by her parents Sarina & Michael & brother Evan

**Bruce Ruud-Galipeau**

July 5, 2002

Remembered by his mother Kryz & siblings Nicole & Tomy

**Rick Langer**

July 7, 1994

Remembered by his parents Maurice & Louise Leblanc & brother of Larry, Ken & Jennifer

**Alex MacRae**

July 7, 2001

Remembered by his parents Maria & Duncan & siblings Elisa & Iain

**Amanda Finch**

July 7, 2003

Remembered by her parents Lynn & David & her sister Lisa

**Noah Silva**

July 7, 2006

Remembered by his parents Sara and Tony

**Liam Hirn-Crane**

July 8, 2002

Remembered by his parents Elizabeth & Jamie and sister Madeline

**Alexander Rudolph**

July 9, 1997

Remembered by parents Carolyn & Don & siblings Emily & Isaac

**Lucas Frigault**

July 9, 2005

Remembered by her parents Denis & Cindy & siblings Samuel & Alyssa, with his siblings Bianca & Autumn in Heaven

**Maura O'Kane**

July 10, 2007

Remembered by her husband Paddy & family Kristine, Brad, Christopher, Jesse & Sienna. With her granddaughter Courtney in heaven

**Avery Wagstaff**

July 11, 2005

Remembered by parents Melanie & Scott and sister Lilyanna Grace, with big sister Hailey Mae in Heaven

**Karen Tompa**

July 11, 2008

Remembered by her parents Helen & Frank

**Sean Burke**

July 14, 1995

Remembered by his mother Angela, & brothers Matt & Jay

**Tammy Alexander**

July 14, 2001

Remembered by her parents Sharyl & Don & siblings Adison & Nicole

**Alexa DeGroot**

July 14, 2008

Remembered by her Mommy and Daddy and brothers Trevor, Logan, Carter and Kaden

**Ethan Jonas-Simpson**

July 15, 2001

Remembered by his grandparents Marlene & Franklin

**Mandy Roppel**

July 16, 1995

Remembered by her parents Sheila & John

**Lauren Poduch**

July 16, 1999

Remembered by her parents Tony & Carol & sisters Kim & JaiLin

**Sarah McGrath**

July 17, 1998

Remembered by her parents Laurie & Rob & siblings Matt, Chris, Josh, Zach & Sheanne

**Keith Williams**

July 17, 2002

Remembered by Family and Friends

## Loved Ones Remembered July, August & September

**Clarence Rossin**

July 18, 2002

Remembered by his parents Herma & Cliff & siblings Lenora, Shane & Lance

**Lucas Jeffrey**

July 19, 2001

Remembered by his parents Mari-Jo & Mark & sister Mikayla

**Verna McKinnon**

July 20, 2008

Remembered by daughter Juanita

**Owen Fast**

July 21, 2000

Remembered by his parents Marnie & Paul & siblings Liam, Grace & Molly

**Colton Bruder**

July 23, 2007

Remembered and Loved forever by parents Derek and Tara and big brother Caleb

**John McKinnon**

July 24, 2004

Remembered by daughter Juanita

**Maximus Malleck**

July 24, 2006

Remembered by Family and Friends

**Grace Schlueter**

July 25, 2005

Remembered by her parents Gayle & Greg & brother Garrid

**Paeta Hess-von-Kruedener**

July 25, 2006

Remembered by Family and Friends

**Brooklyn Boettcher**

July 26, 2006

Remembered by Family and Friends

**Michael Walraven**

July 27, 1999

Remembered by his parents Therese & William

**Marshall Loughlean**

July 27, 2000

Remembered by his parents Dwayne & Nancy & brother Devon

**Helen Goncalves**

July 28, 1998

Remembered by her parents Darlene & David & sister Jacqueline

**David Loyer**

July 28, 2000

Remembered by his parents Terri & Denis & brothers Robert & Dwayne

**Jordan Milliner**

July 28, 2008

Remembered by parents Kim (nee Hammar) and Mike Milliner & siblings Rachel, Jimmy (in Heaven), and Heather Nicole. Also, remembered by grandparents James (in Heaven) and Shirley Hammar, and Bonnie and Russell Milliner.

**Becky Ruby**

July 29, 1998

Remembered by her parents Bruce & Donna & brothers Jason & Kevin

**Nicole Jacques**

July 29, 2002

Remembered by her parents Monika & Henri

**Shannon Evans**

July 29, 2005

Remembered by her parents Victoria and Paul

**Courtney Gascho**

July 31, 2000

Remembered by her parents Ken & Wendy & brother Shane

**Jamie Welker**

August 1, 1994

Remembered by his parents Sher & Carl & brother of Tara, Chelsea, Jen, Tam & Steve

**Jamie Cockwell**

August 2, 1997

Remembered by his parents Dennis & Paula, & brother Mitchell

**Nadine Williard**

August 2, 2000

Remembered by her mother Betty Schulz & brother Eric

**Anna Permaul**

August 2, 2003

Remembered by parents Valentina and Ezechiel

**Kenneth Ruth**

August 3, 1996

Remembered by his mother Muriel and brothers Joe and Gerry

**Patrick Stewart**

August 5, 2008

Remembered by parents and siblings Alexander and Gabriella

**Nicholas Stewart**

August 5, 2008

Remembered by parents Cynthia and Ed and by siblings Alexander and Gabriella

**Courtney Bauman**

August 6, 2004

Remembered by her parents Kristine & Wayne & siblings Bradley, Christopher, Jesse & Sienna

# Loved Ones Remembered July, August & September

**Darryl Van Den Tempel**

August 7, 2008

Remembered by parents Liz and Ted, by siblings David (fiancé Lauren), Thea, Sofia, Derek, Benjamin and girlfriend Katie

**Melissa Konig**

August 8, 2002

Remembered by her parents Dawn & Eric & brother Bryan

**Timothy Rose**

August 9, 2002

Remembered by his parents Nancy & Larry & brother Matthew

**Robert Ruth**

August 10, 1998

Remembered by his mother Muriel and brothers Joe and Gerry

**Makayla Hergott**

August 10, 1999

Remembered by her mother Tammy

**Dereck Hinds**

August 10, 2004

Remembered by Family and Friends

**Florence Metzger**

August 10, 2008

Remembered by loving husband Lorne and children Craig and Kelly, Christine and Val, Lovi and Lake and grandchildren Joe, David, Mack, Tia, Nicholas, Bryan, Abby and Clay

**Mitchell Hergott**

August 12, 1999

Remembered by his mother Tammy

**Lee Aguilera**

August 14, 2000

Remembered by his parents Sue-Anne & Tony & sister Amy

**Gary Thompson**

August 14, 2008

Remembered by his family

**Dwight Reimer**

August 15, 2001

Remembered by his Great-Aunt Neta Braun

**Patricia Anstett**

August 15, 2005

Remembered by her son Brian Anstett

**Alex James**

August 16, 1999

Remembered by his mother Brenda Boomer, Brian & siblings Joshua, Darrel & Brendan

**Joseph Ruth**

August 17, 2003

Remembered by his wife Muriel and sons Joe and Gerry and with sons Ken and Robert in heaven

**Gillian Balkind**

August 18, 2000

Remembered by her parents Peggie & Eric & siblings Nadine, Jeff & Joe

**Braeden Chittick**

August 18, 2000

Remembered by his parents Tanya & Brian (Mommy & Daddy) & brother Adam & Megan

**Tyler Fitzgerald**

August 19, 2002

Remembered by his parents Janine & Dave & sister Samantha

**Geoffrey Banks**

August 19, 2002

Remembered by his father Randy & his sister Cassandra

**Kevin Van der Meulen**

August 21, 1993

Remembered by his parents Nick & Sandy & sister Debra

**Matthew Hunter**

August 21, 2001

Remembered by his parents Laura & Drew & & siblings Marshall & Jordan

**Rita Rice**

August 21, 2002

Remembered by her parents Murray & Vera & her family Mark, Marilyn, Erica & Bill

**Jack Martin**

August 21, 2003

Remembered by family and friends

**Jaxson Emslie**

August 21, 2007

Remembered by his parents, Geff and Janice Emslie and brothers Jaryn and Jace

**Kieran Lowes Taves**

August 22, 1999

Remembered by his parents Susan & John & brother Dmitri

**Imani Wilson**

August 22, 2002

Remembered by her mother Julaine

**Hope Ross**

August 23, 1994

Remembered by her parents Bob & Lois, & siblings Alexander, Amanda & Dawn Marie in heaven

**Logan Lowes Taves**

August 23, 2000

Remembered by her parents Susan & John & brother Dmitri

**Natalya Lowes Taves**

August 23, 2000

Remembered by her parents Susan & John & brother Dmitri

## Loved Ones Remembered July, August & September

**Jessica Smith-Schiedel**

August 24, 2003

Remembered by her parents Brenda & Dwight & sister Leah

**Sage Murphy**

August 25, 1999

Remembered by her parents Rebecca & Lawrence & siblings Asia & Julian

**Alexandra Loughlean**

August 26, 1998

Remembered by her parents Dwayne & Nancy & brother Devon

**James Gaudreau-Mol**

August 26, 2001

Remembered by his parents Helene & Scott

**Elliott Long**

August 27, 2004

Remembered by his parents Dennis & Vi, brother Oliver, step-sisters, May & June

**Cole Ambeau**

August 27, 2007

Remembered by parents Nicole and Mike

**John Ernewein**

August 28, 2002

Remembered by his parents Jeff & Dale Ann

**Gabriel Lewis-James**

August 29, 1999

Remembered by his mother Clare & siblings Louise & Rheal

**Lorraine Williamson**

August 31, 1999

Remembered by her children & grandchildren

**Junior Stryker**

September 2, 1997

Remembered by his mother Kathy

**Jessica Nicholson**

September 3, 1998

Remembered by her parents Brent & Elenor & brothers Kevin & Richard

**Robert Millican**

September 3, 2003

Remembered by family and friends

**John Deyell**

September 3, 2003

Remembered by his parents Brian & Marj, sisters Helen & Laura, brother David & family

**Nicholas Schumacher**

September 3, 2004

Remembered by his father Dan

**Marty Ancio**

September 3, 2005

Remembered by his parents Noreen & Gord & siblings Maureen, Patrick & Michael

**Leslie Tyczkowski**

September 4, 2008

Remembered by his wife Inge & daughter Susan

**Claude Guay**

September 5, 2008

Remembered by the Guay Family

**Hunter Baillie**

September 6, 2001

Remembered by his parents Brad & Lisa, sister Tory & sister Brianna in heaven

**Rade Perija**

September 7, 1994

Remembered by his parents Ivan & Silvija & siblings Ivana & Dario

**Gordon Anstett**

September 9, 2005

Remembered by his son Brian Anstett

**Christopher McLauchlan**

September 12, 1990

Remembered by his mom Susan-Marie & sisters Nicole, Alyssa & Sierra

**Ruth Anne Elworthy**

September 13, 1998

Remembered by her parents Derek & Liz & siblings Brendan & Caroline

**Kate Bellingham (Jeffery)**

September 13, 2003

Remembered by her parents Heather & Steve & sister Hannah

**Michael Keirstead**

September 14, 2006

Remembered by mother Eileen

**Alysha Dramnitzke**

September 16, 1998

Remembered by her parents Teresa & Steve & siblings Shayna & Sam

**Holden Bijl**

September 17, 1997

Remembered by his mother Wendy, his sister Keeley Hope, and his brother Gage in heaven

**Nicole Janzen**

September 17, 1997

Remembered by her parents Paul & Theresa & sisters Samantha & Valerie

## Loved Ones Remembered July, August & September

### **Mason Sass**

September 17, 2006  
Remembered by family and friends

### **Becca Shaw**

September 18, 1999  
Remembered by her mom Sam & her sister Rosie

### **Dawn Ross**

September 20, 1991  
Remembered by her parents Bob & Lois, & siblings Alexander, Amanda & Hope in heaven

### **Noelle Vasiga**

September 20, 2005  
Remembered by family and friends

### **Kori Belisle**

September 20, 2008  
Remembered by his family

### **Hayley Price-Geddes**

September 23, 2008  
Remembered by Jennifer and her siblings Jewel, Tyler and Jesse

### **Robert Franz**

September 25, 1977  
Remembered by Debra, Richard, Pat, and Rosemarie

### **Emma Rogers**

September 25, 2002  
Remembered by family and friends

### **Emma Brenner**

September 26, 2002  
Remembered by her parents Danielle & Dave & sister Morgan

### **Daniel Landry**

September 26, 2008  
Remembered by parents Jan and J.J.

### **Kiera Schneider**

September 29, 2000  
Remembered by her parents Rhona & Dan, & siblings Sophie & Corin

### *Mark your calendars:*

Next Newsletter Deadline	October 15th
2nd Annual Butterfly Memorial Release	August 30th
Tree of Bright Stars	November 27th
11th Annual Curling Bonspiel	January 16th, 2010
12th Annual Golf Classic	June 5th, 2010

## **SUPPORTING GRIEF IN THE WORKPLACE**

BFO is committed to increasing awareness about grief in the community and the impact death has on the family and workplace.

We invite you to tell your employers about our 'Supporting Grief in the Workplace' seminar.

During this 60 minute presentation, we'll discuss:

- how grief affects a person,
- the myths that surround loss and grief,
- what you can do and say to support a grieving person.

No one should walk alone through their journey of grief. With your support, they won't have to. Let us show you how.

For more info email [support@bfomidwest.org](mailto:support@bfomidwest.org)

## **COMMUNITY SUPPORT GROUPS**

### **Amongst Friends at the Henry Walser Funeral Home.**

For information on the fall and spring groups, please contact Henry Walser Funeral Homes at 519-749-8467.

### **People Needing People at the Erb and Good Family Funeral Home.**

For information on upcoming groups please call, Dena at 745-2195.

**Living With Loss in Kitchener** will be starting on September 8th and continue the first and third Tuesdays of each month. 7 p.m. to 9 p.m. at Westmount Funeral Chapel, 1001 Ottawa Street South Kitchener.

### **Bereavement Walking Group**

Contact Hospice Waterloo Region at 519-894-8350 for more information about dates, times & location.