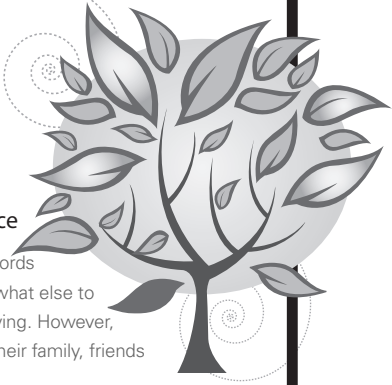




Bereaved Families of Ontario
Midwestern Region -
Supporting Grief in the Workplace

For many, beyond those all too familiar words
“I’m sorry for your loss”, we don’t know what else to
say or how to act when someone is grieving. However,
support is exactly what they need from their family, friends
and co-workers.



**We invite you to host a lunch and learn presentation,
‘Supporting Grief in the Workplace’ at your place of
employment.**

During this 40 minute presentation, we’ll discuss:

- **how grief affects a person,**
- **the myths that surround loss and grief,**
- **what you can do and say to support a grieving person.**



**No-one should walk alone through their journey of grief.
With your support, they won’t have to. Let us show you how.**



To contact us for more information
call (519) 603-0196 or visit us at
www.bfomidwest.org